



# Back to Back Massage Therapy Intake Form

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## **Fees and Cancellation Policy:**

Please check with each massage practitioner for massage prices, as they are individual to each practitioner. Massage therapists cannot bill directly to MSP, ICBC, WCB and select healthcare plans. Payment of your massage session is due at the time of each visit.

If you are unable to make your massage appointment, 24 hours' notice is required. In cases of missed appointments, or when insufficient notice of cancellation is given, you will be **charged a NO SHOW/Late Cancellation Fee equal to the appointment fee.**

<b>Appointment fees are as follows:</b>	Initial	\$100.00
	30 min.	\$60.00
	45 min.	\$80.00
	60 min.	\$100.00

I have read and understand the No show/Cancellation policy. I agree to pay any fees for missed appointments that fall under this policy.

\_\_\_\_\_  
Printed Name:

\_\_\_\_\_  
Signature:

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
MM DD YY

**Please note:** While we try to remind you of your appointment the day before, it is best **not** to rely on reminder calls, texts and emails. Also, we **do not** book, cancel or reschedule appointments by email or text, please give us a call and we'd be more than happy to assist you with any booking changes.

## **CONSENT to TREATMENT & RECORD SHARING**

Patient name: \_\_\_\_\_

DOB: (dd/mm/yy): \_\_\_\_/\_\_\_\_/\_\_\_\_

- **Please read this document, including Schedule A (on page 4), carefully and completely. It is important.**
- Ask your RMT any questions you have about this form or its contents BEFORE you sign this document.
- Ask questions about your treatment at ANYTIME.
- Immediately advise your RMT if you become uncomfortable in any way with your treatment.

The Treatment: I authorize and consent to the RMT performing the following treatments on me:

Soft Tissue Mobilization: \_\_\_\_\_ Joint Mobilization: \_\_\_\_\_ Exercise Therapy/homecare: \_\_\_\_\_

Trigger Point Therapy: \_\_\_\_\_ Hydrotherapy Hot/Cold: \_\_\_\_ Myofascial Release Technique: \_\_\_\_\_

(IASTM: Instrument assisted soft tissue manipulation): \_\_\_\_\_ Other: \_\_\_\_\_

Risks, Complications and Side Effects: **my initials indicate that I acknowledge and understand that:**

- There are risks associated with Massage Therapy. Examples include: bruising, aching, discomfort, short term aggravation of symptoms and skin irritation.
- My RMT has discussed with me the nature of purpose of the proposed treatments, the possible alternative methods of treatment, the risks involved and the possible complications and side effects.
- I have discussed my concerns about possible risks with my therapist BEFORE signing this document. If I develop a concern after signing, I agree to discuss the same with the RMT immediately.

Disclosure of Medical History: my initials indicate that I acknowledge and understand that:

- It is important for the RMT to know my relevant medical history.
- I have disclosed to the RMT all medical conditions, including any mental or emotional conditions for which I have received treatment within the last 12 months.
- I will disclose any new such condition that may develop after my completion of this form.
- The information disclosed by me is true and complete to the best of my knowledge.
- Sharing of My Patient Record: My initials confirm that I request and authorize my RMT to provide to the clinic and to other health care practitioners who provide me with treatment, copies of any patient record created by my RMT. I understand that I may revoke this permission in writing at any time in the future.

Confidentiality: The contents of this form and my patient records will be kept confidential unless I have expressly or impliedly consented to the release of my information or where there is a legal requirement to provide my information to a third party.

No Guarantee of Results: I acknowledge and confirm that no guarantee or assurance of results has been made to me regarding my treatments.

\_\_\_\_\_  
**Patient Signature\***

\_\_\_\_\_  
**Date:** (dd/mm/yy)

(\*in the case of a person incapable of providing consent, signature of Parent or Guardian, in which case the name & Relationship of person signing: \_\_\_\_\_)

## **Patient Basic Information:**

Address: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Care Card: \_\_\_\_\_

Occupation: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Medical Doctor: \_\_\_\_\_

Email: \_\_\_\_\_

Please check the type of reminder you would like: Text \_\_\_\_\_ (Cell phone provider : \_\_\_\_\_) Email \_\_\_\_\_

## **PLEASE LIST ALL ALLERGIES:**

### **1. Reason for seeking care/major complaint(s):**

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

**2. Onset of pain:** ☐ Sudden ☐ Gradual ☐ Injury Cause of Injury: \_\_\_\_\_

### **3. On a scale of 1-10 (0 being no pain to 10 being unbearable pain):**

How would you rate your pain today? \_\_\_\_\_ How would you rate your pain on average? \_\_\_\_\_

**4. What aggravates the pain?** \_\_\_\_\_

**5. What relieves the pain?** \_\_\_\_\_

**6. Has this condition occurred before?** ☐ No ☐ Yes If yes, how so? \_\_\_\_\_

**7. How does the pain affect your daily routine?** \_\_\_\_\_

**8. Please list all medications you are currently taking:** \_\_\_\_\_

### **9. Are you currently seeing any other practitioners?**

☐ R.M.T. ☐ Physiotherapist ☐ Chiropractor ☐ Acupuncturist ☐ Other \_\_\_\_\_

**10. Please list ANY accidents, illnesses, or other injuries:** \_\_\_\_\_

**11. Do you have/wear:** ☐ Implants ☐ Steel Pins ☐ Foot Supports ☐ Glasses/Contact Lenses

Other: \_\_\_\_\_

### **12. Are you satisfied with your:**

Overall Health: ☐ No ☐ Yes

Ability to Relax: ☐ No ☐ Yes

Sleep: ☐ No ☐ Yes

Energy Level: ☐ No ☐ Yes

Fitness Level: ☐ No ☐ Yes

Diet: ☐ No ☐ Yes

**13. Medical History - Please mark all that apply to you: ✕ = Past    ✓ = Present**

- |   |   |  |
|---|---|--|
| <input type="radio"/> Allergies   | <input type="radio"/> Fractures               | <input type="radio"/> Insomnia           |
| <input type="radio"/> Arthritis   | <input type="radio"/> Head Injuries           | <input type="radio"/> Jaw Pain           |
| <input type="radio"/> Cancer  | <input type="radio"/> Headaches               | <input type="radio"/> Respiratory Issues |
| <input type="radio"/> Circulatory Condition   | <input type="radio"/> Heart Condition         | <input type="radio"/> Seizures           |
| <input type="radio"/> Contagious Condition  | <input type="radio"/> Hepatitis A/B/C         | <input type="radio"/> Skin Condition     |
| <input type="radio"/> Diabetes  | <input type="radio"/> High/Low Blood Pressure | <input type="radio"/> Spinal Injury      |
| <input type="radio"/> Dislocation   | <input type="radio"/> HIV/AIDS                | <input type="radio"/> Sprains/Strains    |
| <input type="radio"/> Fainting  | <input type="radio"/> Infection               | <input type="radio"/> Stroke             |
| <input type="radio"/> Pregnant: _____ Or trying to conceive? _____                        |   |  |
| <input type="radio"/> Please list any pregnancy complications you have or have had? _____ |   |  |
| <input type="radio"/> Other: _____  |   |  |

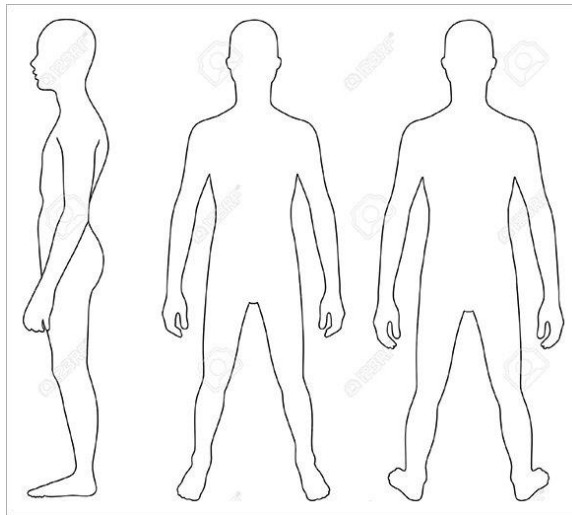
**Schedule A**

To consent to Treatment of

Patient Name: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Body Areas to be treated:**

I acknowledge and confirm that the areas of my body circled on the diagram below may be touched by the RMT during the course of my treatments:



I acknowledge and confirm that it may be necessary for the RMT to adjust their treatment plan during my treatment, in which case they will discuss that with me.

Patient signature\*: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

(\*in the case of a person incapable of providing consent, signature of Parent or Guardian, in which case the Name and Relationship of the person signing: \_\_\_\_\_)